

## **POPOVERS**

### **INGREDIENTS**

3 eggs  
1 cup flour  
1 cup milk  
1 T melted butter  
1 T sugar or 1 tsp salt

### **DIRECTIONS**

Place ingredients in bowl and beat with electric mixer at high speed for 5 minutes (Stop after 2 min and scrap bowl bottom to mix in all of flour.)  
Pour into well greased custard cups (I use muffin tin). Fill about 2/3 full.  
Bake in cold oven at 400 degrees for 50 min.

Makes 7-8 popovers.

Source: Muz